

12-Step Groups (mostly Unifour Area)

Alcoholics Anonymous (AA), Al-Anon, Narcotics Anonymous (NA), Adult Children of Alcoholics (ACA), CoDependents Anonymous (CoDA), AlaFam & All-Addictions (people from several 12 Step programs meeting together), Overeaters Anonymous (OA), Alateen, Dual Recovery Anonymous (DRA), Sex Anonymous (SA), and Sex-Anon (S-Anon)

For information on 12-Step Programs all the following numbers or check the website

ALEXANDER COUNTY (Alcohol and Drug Information) 828-632-7005 or 877.661.7750
 BURKE COUNTY (Council on Alcoholism and Chemical Dependency) 828-433-1221 or 433-4440
 CALDWELL COUNTY (Caldwell House) 828-754-5148 or 888/671-1262
 CATAWBA COUNTY 888-671-1262 (toll free)

www.hickoryarea-recovery.org

Type of group	day	time	name	meeting place and/or phone number	address and other information	town	code*
AA	Monday	7:30AM	Carpe Diem	Queen St Club	923 E Union St., Hwy 70	Morganton	OD/NS
AA	Monday	10 am	Keep It Simple	Women's Resource Center	125 3 rd St NE	Hickory	CD/NS
AA	Monday	12 noon		Mt. Michael's Lutheran Church Hut	17 N. Garden St. (828-652-8428)	Marion	?
AA	Monday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD/SM
AA	Monday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE, Hwy 127	Hickory	CD/NS
AA	Monday	5:30PM	?	Viewmont Baptist Church	Hwy 127	Hickory	CD/NS
AA	Monday	7:00PM	Grupo un Nuevo Dia Solo Para Mujeres	Inglesia Presbiteriana Emmanuel	613 3 rd Ave. NE	Hickory	?
AA	Monday	8:00 pm	Time to Share	Exodus House Church 828-324-4870	1763 Highland Ave.	Hickory	OD/NS
AA	Monday	8:00 pm	Twin City Group	Abernathy United Methodist Church	West 13 th St.	Newton	CD/NS
AA	Monday	8:00 pm	Chesterfield 1 st Step Group	Flynn Christian Fellowship Home 828-437-9491	721 W. Union St.	Morganton	CD/NS
AA	Monday	8:00 pm	Forever Newcomers Group	Church of the Master	2230 29th Ave Dr. NE	Hickory	CD, NS
AA	Monday	8:00 pm	Maiden Group	East Maiden Baptist Church	1400 E. Maiden Rd.	Maiden	CD/NS
AA	Monday	8:00 pm	Mountain View Group	Mtn. Grove Baptist Church	Route 8	Hickory	CD/NS
AA	Monday	8:00 pm	St. Mary's Group	St. Mary's Episcopal Church	104 St. Mary's Church Rd.	Morganton	CD/NS
AA	Monday	8:00 pm	New Beginnings Group	Lower Creek Baptist Church	(Youth Bldg. in back), Lower Creek Dr.	Lenoir	OD/NS
AA	Monday	8:00 pm		First Baptist Church	Main St. (families welcomed)	Taylorsville	OD
AA	Tuesday	7:30AM	Carpe Diem	Queen St Club	923 E Union St., Hwy 70	Morganton	OD/NS
AA	Tuesday	10:00AM	New Home Group	Flynn Home	706 Main Ave. SE	Hickory	CD/NS
AA	Tuesday	12 noon	Brown Bag Bunch	Queen St Club	923 E Union St., Hwy 70	Morganton	OD/SM
AA	Tuesday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE Hwy 127	Hickory	OD/NS
AA	Tuesday	5:30PM	?	Viewmont Baptist Church	Hwy 127	Hickory	CD/NS
AA	Tuesday	6:00 pm	Women's Faith & Gratitude	Episcopal Church of the Ascension	726 1st Ave NW	Hickory	CD/NS

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 BM – Beginner's Meeting; BS or BB – Book Study; SM Smoking Meeting; V – Varies; En – English; A – Handicap Accessible
 For corrections or additions, contact Metaleen at 828-396-1520 or mcmtomas@embarqmail.com

Last revision: January 2011

Type of group	day	time	name	meeting place and/or phone number	address and other information	town	code*
AA	Tuesday	7:00-9:00PM	Grupo Un Nuevo Dia	Iglesia Presbiteriana Emmanuel Contactos: 828.328.7349/828.234.4327	613 3 rd Ave. NE	Hickory	?
AA	Tuesday	8:00 pm	Loose as a Goose/Lenoir Study Group	First Presbyterian Church	1002 Kirkwood St	Lenoir	OD/NS
AA	Tuesday	8:00 pm	Bethlehem Cookies on the Table (District 11)	Mt. Pisgah Lutheran Church	Rt. 13, HWY 127	Bethlehem	OD/NS
AA	Tuesday	8:00 pm	12 Step Study Group	Calvary Baptist Church	201 South Main Ave.	Newton	CD
AA	Tuesday	8:00 pm	West Union Group	Flynn Home	721 West Union St.	Morganton	ALT/OS/OD
AA	Tuesday	8:00PM	1,2,3 Step Study	Episcopal Church of the Ascension	726 1 st Ave NW	Hickory	CD/NS
AA	Tuesday	8:00 pm	Hickory Tuesday Night	Episcopal Church of the Ascension	726 1st Ave NW (Step Study)	Hickory	O/NS
AA	Tuesday	8:00 pm	Tuesday Night Study	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	CSS
AA	Tuesday	8:00 pm	Beginner's (Steps 1, 2, 3)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
AA	Wednesday	10:00 am	Keep It Simple Group	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	C/BS/NS
AA	Wednesday	10:00 am	Fellowship Group	Flynn Home	721 West Union St.	Morganton	CD/NS
AA	Wednesday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/BS/NS 12&12
AA	Wednesday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE	Hickory	OD/NS
AA	Wednesday	8:00 pm	Women's Group	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	CD/NS
AA	Wednesday	8:00 pm	Basic Study Group	St. Luke's United Methodist Church	52 16th Ave NW	Hickory	C//BBS/NS
AA	Wednesday	8:00 pm	As Bill Sees It	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/BS/NS
AA	Wednesday	8:00 pm	New Home Group	Flynn Home	706 Main Ave SE	Hickory	OS/NS
AA	Wednesday	8:00PM	Our Common Welfare	Flynn Home	721 W Union St	Morganton	?
AA	Wednesday	8:00 pm	Sherrill's Ford Group	Sherrill's Ford Presbyterian Church	Across from library	Sherrill's Ford	CD
AA	Wednesday	8:00 pm	Collettesville Mountaineer	Collettesville Ruritan Club	Hwy 90 (across from Fire Station & PO)	Collettesville	OD/NS
AA	Wednesday	8:30 pm	Valdese Discussion Group	First United Methodist Church	217 St. German Ave SE	Valdese	OD/NS
AA	Wednesday	8:00 pm		St. John's Parish House	Main St.	Marion	
AA	Thursday	7:30AM	Carpe Diem	Queen St Club	923 E union St., Hwy 70	Morganton	OD/NS
AA	Thursday	10:00 am	Keep It Simple	Women's Resource Center	125 3 rd St NE	Hickory	?
AA	Thursday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/BS/SM
AA	Thursday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE	Hickory	OD/NS
AA	Thursday	5:30PM	?	Viewmont Baptist church	Hwy 127	Hickory	CD/NS
AA	Thursday	6:00PM	Sober After Work		303 South King St	Morganton	?
AA	Thursday	6:45PM	Serenity Sisters	Caldwell House	951 Kenham Pl. SW	Lenoir	OSS/OD
AA	Thursday	7:00-9:00PM	Grupo Un Nuevo Dia	Iglesia Presbiteriana, Contactos: 828.328.7349/828.234.4327	613 3 rd Ave. NE	Hickory	?

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AA	Thursday	8:00PM	Caldwell Discussion Group	Caldwell House – 828-754-5148	951 Kenham Pl. SW	Lenoir	OD/BBS (OS last Thurs)
AA	Thursday	8:00 pm	Drexel Group	Christ United Methodist Church	Hwy 70	Drexel	CD, NS
AA	Thursday	8:00 pm	Morganton Central	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OS
AA	Thursday	8:00 pm	Newton Meeting	Calvary Baptist Church	201 South Main Ave	Newton	OS, NS
AA	Thursday	8:00 pm	New Hope Group	First United Methodist Church	311 3rd Ave NE	Hickory	OD, NS
AA	Friday	11:59AM	A Mighty Beginning	Women’s Resource Center	125 3 rd St. NE	Hickory	CD/NS
AA	Friday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD/NS
AA	Friday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE	Hickory	OD/NS
AA	Friday	5:30PM	?	Viewmont Baptist Church	Hwy 127	Hickory	CD?NS
AA	Friday	6:30 pm	Miracles in Progress	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/Chair’s Choice
AA	Friday	8:00 pm	Bethlehem Cookies on the Table – District 11	Mt. Pisgah Lutheran Church	Rt. 13, HWY 127	Bethlehem	OD/NS
AA	Friday	8:00 pm	Catawba Central Group	Alan Frye Club.	3457 Highland Ave NE (behind the Children’s Academy)	Hickory	OS, NS
AA	Friday	8:00 pm	Flynn Home	Flynn Home	721 West Union St.	Morganton	OD, SS
AA	Friday	8:00 pm	Granite Falls Group	Philadelphia Lutheran Church 828-396-1562	Providence Road	Granite Falls	CD/NS
AA	Friday	8:00 pm	Rainbow Recovery Group Gay/Lesbian Friendly	Women’s Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	OD, NS
AA	Friday	8:00 pm	Startown Primary Purpose	St. Paul’s Lutheran Church	Startown HWY	Newton	OD, BS/NS
AA	Friday	8:00PM	West Union Group	Flynn Home	721 W. Union St.	Morganton	OD
AA	Friday	8:00 pm	(existence not certain)	ARP Church	Next to Dairy Bar	Stony Point	O
AA	Friday	12 noon		Mt. Michael’s Lutheran Church Hut		Marion	
AA	Friday	8:00 pm		St. John’s Parish House	Main St.	Marion	
AA	Saturday	10:00 am	Big Book Study	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O, BS/SM
AA	Saturday	10:00 am	Keep It Simple	Women’s Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	OD/NS
AA	Saturday	4 – 6 pm	Un Nuevo Dia Group	Recovery Club (moving?) - Spanish	Old St. Paul’s Church Rd.	Newton	OD
AA	Saturday	8:00 pm	Living Sober Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	BBS
AA	Saturday	8:00 pm	First Saturday Night	First Presbyterian Church	100 Silver Creek Rd. (some speakers)	Morganton	OS 2&4 weeks
AA	Saturday	8:00 pm	Hickory Sat. Night Group	First United Methodist Church	311 3rd Ave NE	Hickory	OS, NS
AA	Saturday	8:00 pm	Loose as a Goose/ Lenoir Study Group	First Presbyterian Church	1002 Kirkwood St	Lenoir	OD/NS
AA	Saturday	8:00 pm	Chesterfield 1 st Step	Foothills Detox	2130 Hwy 18	Morganton	OD
AA	Saturday	8:00 pm	Group Flama Reuniones	Iglesia Catolica St. Aloysius (828-327-4517)	921 2 nd St. NE	Hickory	
AA	Saturday	8:00 pm	(existence not certain)	Old Fort Kiwanis Club	Across from Old Fort Police Dept.	Old Fort	
AA	Sunday	10:00 am	Sun. Morning Serenity	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	?

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AA	Sunday	10:00AM	Sunday Morning Meeting	Flynn Home	721 W. Union St.	Morganton	OD
AA	Sunday	5:00PM	Primary Purpose	Ada Geitner Home	Ada Geitner Home		OD
AA	Sunday	7:00-9:00PM	Grupo Un Nuevo Dia	Inglesia Presbiteriana Emmanuel	613 3 rd Ave NE Contactos:828.328.7349/828.234.4327	Hickory	
AA	Sunday	8:00 pm	Hildebran Group	First United Methodist Church	110 South Center St.	Hildebran	OD/NS
AA	Sunday	8:00 pm	Come Alive Sunday Night	St. James Episcopal Church 828-754-3712	806 College Ave SW	Lenoir	OD/NS
AA	Sunday	8:00 pm	Corinth United Group	Corinth Reformed UCC	150 16 th Ave.	Hickory	CD/NS
AA	Sunday	8:00 pm	Into Action Group	Grace Episcopal Church	303 South King	Morganton	OD/NS
AA	Sunday	8:00 pm	Living Sober Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD/NS
AA	Sunday	8:00 pm		St. John's Parish House	Main St.	Marion	
Al-Anon	Sunday	8:00 pm	Footsteps AFG	Lutheran Chapel Church	702 N. New Hope Rd.	Gastonia	OD
Al-Anon	Monday	12 noon	Happy Hour AFG	St. Luke's Episcopal Church		Boone	OD
Al-Anon	Monday	8:00 pm	Blowing Rock AFG	St. Mary's Episcopal Church		BlowingRock	OD
Al-Anon	Monday	8:00 pm	Mountain View AFG	Mt. Grove Baptist Church	6158 Mt. Grove Road (Mt. View)	Hickory	OD
Al-Anon	Monday	08:00 PM	Forever Newcomers Group	Church of the Master	2230 29 th Ave Dr. NE (upstairs)	Hickory	OD
Al-Anon	Monday	12:15 pm	Lunch Bunch AFG	Calvary Baptist Church	201 South Main St.	Newton	OD
Al-Anon	Monday	8:00 pm	West Hickory AFG	Westview United Methodist Church	1309 1st Ave SW	Hickory	OD
Al-Anon	Monday	8:00 pm	Old Town AFG	United Way Building	N Wilkesboro	N Wilkesboro	OD
Al-Anon	Monday	8:00 pm	New Hope AFG	Myers Memorial United Methodist	301 S. New Hope Rd.	Gastonia	OD
Al-Anon	Tuesday	7:00 pm	Tuesday Night AFG	Northminister Presbyterian Church 828-302-2878 or 828-495-2844	3730 North Center St.	Hickory	OD
Al-Anon	Tuesday	7:30 pm	Courage To Change	Philadelphia Lutheran Church	Pinewood Ave. at North Highland Ave	Granite Falls	OD
Al-Anon	Wednesday	12:00 pm	Al-Anon at NOON	First Presbyterian Church		Morganton	OD
Al-Anon	Wednesday	5:30 pm		St. James Episcopal Church 828-754-3712	806 College Ave SW	Lenoir	OD
Al-Anon	Wednesday	7:30 pm	Cove Creek AFG	Western Watauga Community Center	(existence not certain)	Sugar Grove	OD
Al-Anon	Wednesday	8:00 pm	Wednesday Night AFG	Calvary Baptist Church	201 South Main St.	Newton	OD
Al-Anon	Thursday	7:30 pm	Ashe AFG	First Baptist Church	(existence not certain)	W. Jefferson	OD
Al-Anon	Thursday	7:00 pm	Newland AFG	First Baptist Church	On the square	Newland	OD
Al-Anon	Thursday	5:30 pm	Happy Hour Group	St. Luke's Episcopal Church		Boone	OD
Al-Anon	Thursday	7:00 pm	Newland AFG	First Baptist Church on the square		Newland	OD
Al-Anon	Friday	8:00 pm	Granite Falls AFG	Philadelphia Lutheran Church 828-396-1562	Pinewood Ave. at North Highland Ave	Granite Falls	OD
Al-Anon	Friday	8:00 pm		Hickory Recovery Club -	2165 Amity Street	Newton	OD
Al-Anon	Saturday	8:00 pm	New Focus AFG	First Presbyterian Church	100 Silver Creek Road	Morganton	OD
Al-Anon	Saturday	7:00 pm		Old Library Bldg.	1 Spring Street	Old Fort	
Al-Anon	Sunday	8:00 pm	Ashe AFG	Old Ashe Memorial Hospital	McConnell Street	Jefferson	OD
ACA	Sunday	5:30 pm	ACA Study Group	Women's Resource Center	125 3 rd St. NE (828-396-1520)	Hickory	OD
ACA	Sunday	7:00 pm	Sunday Night ACOA	Women's Resource Center	125 3 rd St. NE (828-396-1520)	Hickory	OD

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Alateen	Tuesday	8:00 pm	Star of Hope	Holy Communion Lutheran Church	Gaston & Church Ave.	Dallas	OD
Alateen	Monday	8:00 pm		Mt. Grove Baptist Church	6158 Mt. Grove Road (Mt. View)	Hickory	OD
AlaFam	Tuesday	10:00 am	Seedlings	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	
AlaFam	Wednesday	7:30 pm	12 Steps for Christians	First United Methodist Church	311 3 rd Ave NE	Hickory	
AlaFam	Tuesday	12 noon	Twelve-Step Meeting	Caldwell Community College (Cheryl Miller at 828-726-2342)	2855 Hickory Blvd. (Room E-315)	Lenoir	OD
AlaFam	Sunday	9:00 am	Breakfast Group	Woman's Resource Center	503 4 th St. SW	Hickory	OD
AlaFam	Sunday	9:00 am		Caldwell House	951 Kenham Place	Lenoir	OD
NA	Monday	12 NOON	Just For Today Group	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Monday	6:30PM	New Beginnings Group	St Paul's Lutheran Church	629 2 nd Ave SW	Hickory	A/SP/ BS
NA	Monday	6:30PM	Slow Miracles Group	Shiloh Lutheran Church	1011 Shiloh Church Rd	Hickory	C/A/BS
NA	Monday	8:00PM	No Matter What Group	Holy Trinity Lutheran Church	6 th St & 6 th Ave	Hickory	BS
NA	Monday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave. N.	Wilkesboro	CD/V/A
NA	Monday	8:00 pm	One Step at a Time	Queen St. Club (1-800-827-9106)	923 E. Union St.	Morganton	A/OD
NA	Tuesday	12 noon	Just for Today	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Tuesday	12 NOON	I Can't We Can Group	Serenity Club House	206 Forrester Ave N.	Wilkesboro	CD
NA	Tuesday	6:00PM	Back to the Basics Group	Queen St Club	923 E Union St	Morganton	SS
NA	Tuesday	6:30PM	Slow Miracles Group	Shiloh Lutheran Church	1011 Shiloh Church Rd	Hickory	C/A/BS
NA	Tuesday	6:30PM	New Beginnings Groups	St. Paul's Lutheran Church	629 2 nd Ave SW	Hickory	A/SP/BS
NA	Tuesday	8:00PM	No Matter What Group	Holy Trinity Lutheran Church	6 th St & 6 th Ave	Hickory	BS
NA	Tuesday	8:00PM	Acceptance Group	St. Matthews Lutheran Church	241 W Court St	Marion	A/OD
NA	Tuesday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St	Newland	OD
NA	Tuesday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD/V/A
NA	Tuesday	8:00PM	Serenity Seekers Group	St. Stephen's Lutheran Church 828-758-1261	1406 Harper Ave NW	Lenoir	OD/V
NA	Wednesday	12 noon	Just for Today	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Wednesday	6:00PM	Spiritual Awakenings Group	1 st United Methodist Church 828-396-1011	9 Lakeside Ave	Granite Falls	A/V
NA	Wednesday	8:00PM		St. James Episcopal Church 828-754-3712	806 College Ave SW	Lenoir	OD
NA	Wednesday	8:00PM	Clean & Serence Group	St. Luke's Lutheran Church	Springs Rd (Past hardware store on right)	Hickory	A/SP/ BS
NA	Wednesday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N.	Wilkesboro	CD
NA	Wednesday	8:00PM	Primary Purpose	St. Charles Catholic Church	728 W. Union St	Morganton	OD
NA	Wednesday	8:00PM	It Ain't Over till It's Over Group	Jefferson Methodist Church	155 E main St	Jefferson	BS
NA	Wednesday	8:00PM	Miracles Group	Boone United Methodist Church	New Market Blvd	Boone	C/A/BS
NA	Wednesday	8:00 pm	Slow Miracles	Taylorville Presbyterian Church (1-800-827-9106)	314 Main Ave Dr. (next to Adams Funeral Home)	Taylorville	OD
NA	Thursday	12 noon	Just for Today	St. Luke's United Methodist Church	2 16 th Ave NE	Hickory	A/SP/ BS

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NA	Thursday	6:30PM	Carry the Message Group	Mount Olive Lutheran Church	Hwy 127	Hickory	A/V
NA	Thursday	8:00 pm	Day By Day	N. Morganton United Methodist Church (1-800-827-9106)	900 Sanford Dr. (Hwy. 18 and Kirksey)	Morganton	A/OD
NA	Thursday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St	Newland	OD
NA	Thursday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD
NA	Thursday	8:00 pm	No Matter What Group	Holy Trinity Lutheran Church	6 th St. at 6 th Ave. NW (323-3752)	Hickory	BS
NA	Friday	12 noon	Just for Today	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Friday	6:30PM	New Beginnings Group	Penelope Baptist Church	3607 Main Ave Dr. NW (Longview)	Hickory	A/S/ BS
NA	Friday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD/A/V
NA	Friday	8:00PM	Serenity Seekers Group	St. Stephen's Lutheran Church 828-758-1261	1406 Harper Ave NW	Lenoir	OD/V
NA	Friday	8:00 pm	Keep Hope Alive	Morning Star Baptist Church	126 4th Ave SW (323-3752)	Hickory	OD/BS
NA	Saturday	1:00PM	Spiritual Awakenings Group	First United Methodist Church 828-396-1011	9 Lakeside Ave	Granite Falls	A/V
NA	Saturday	7:00PM	Carry the Message Group	Abernathy Memorial United Methodist	Hwy 16 – 109 W 13h St	Newton	V
NA	Saturday	7:30PM	It Ain't Over till It's Over Group	Jefferson Methodist Church	115 E Main St	Jefferson	A/BS
NA	Saturday	8:00PM	Serenity Seekers Group	St. Stephen's Lutheran Church	1406 Harper Ave NW	Lenoir	OD/V
NA	Saturday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St	Newland	OD
NA	Saturday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD/BS
NA	Saturday	8:00PM		St. James Episcopal Church 828-754-3712	806 College Ave SW	Lenoir	
NA	Sunday	10:00AM	I Can't We Can Group	Serenity Club House	206 Forester Ave. N.	Wilkesboro	CD
NA	Sunday	1:00 pm	Spiritual Awakenings	First United Methodist Church 828-396-1011	Lakeside Ave.	Granite Falls	OD
NA	Sunday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forester Ave. N.	Wilkesboro	CD/V/A
NA	Sunday	8:00 pm	Clean & Serene	St. Aloysius Catholic Church	902 2nd St. NE.	Hickory	D
NA	Sunday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St.	Newland	OD
Nar-Anon	Monday	6:00 pm	New Hope	A Place To Talk,	1546 Brookford Church Road	Hickory	OD
Nar-Anon	Thursday	6:30 pm	"New Hope"	Mount Olive Lutheran Church (828) 598-0035 or (828) 312-9293	2780 N. Center Street	Hickory	OD
All Addictions	Wednesday	5:30 pm	All-Addictions Recovery	St. Luke's Episcopal Church 828-964-8888 or 828-265-6444	170 Council Street (behind Earth Fare grocery)	Boone	OD
All Addictions	Tuesday	7:00 pm	All Addictions Recovery Group	Amazing Grace Lutheran Church	4648 Grace Chapel Road	Granite Falls	OD
All Addictions	Thursday	6:30 pm	Serenity Sisters (for women from any 12-step program))	First Presbyterian Church 828-754-5351	1002 Kirkwood St	Lenoir	OD
All Addictions	Thursday	7:00 pm	Christian-Based Recovery Group	828-291-2822	600 Highland Ave.	Hickory	OD
OA	TBA			New meeting planned	828-328-8693 (call for info)		

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OA	Tuesday	5:30 pm		N. Morganton United Methodist Ch.	990 Sanford Dr. (Hwy. 18 and Kirksey)	Morganton	OD
CoDA	Monday	7:00 pm	Wilkes CoDA	New River Substance Abuse Center	School St. (off Hwy.268)	Wilkesboro	OD
CoDA	Monday	6:30 pm	Empowerment CoDA	West Hickory Baptist Church (704-421-4463)	40 12th St. NW	Hickory	OD
CoDA	Thursday	6:00 pm	Hickory Area CoDA (828-396-1520)	St. Luke's United Methodist Church Family Life Center #108	52 16 th Ave. NW	Hickory	OD/A
CoDA	Thursday	7:00 pm		First Baptist Church (704-660-7612)	150 S. Church Street	Mooresville	OD
CoDA	Thursday	7.15 pm		Armstrong Mem. Presbyterian Church	(704-559-8045)	Gastonia	
CoDA	Saturday	10:00 am	Free To Be Me	St, Luke's Church (Jane: 828-253-0882)	219 Chunn's Cove Rd.	Asheville	Women only
DRA	Monday	8:00 pm	Dual Recovery Anonymous (SA & MH issues)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
DRA	Friday	8:00 pm	Dual Recovery Anonymous (SA & MH issues)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
DRA	Saturday	11:30 am	Dual Recovery Anonymous (SA & MH issues)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
SA			Sex Anonymous	See Dual; Recovery Anonymous above	http://www.sa.org		
S-Anon			Sex-Anon (for family & friends of sexaholics)	meetings in Greensboro, Asheville, and Charlotte or www.sanon.org	615-833-3152 – national 704-559-6408 – Charlotte 336-774-3750 (Michelle) Winston-Salem		

*Meeting Key: OD - Open discussion (anyone may attend); NS – nonsmoking; CD - Closed discussion (abusers, addicts only); TS - Basic text study; S or OS - Open speaker; BM – Beginner's Meeting; BS or BB – Book Study; SM Smoking Meeting; V – Varies; En – English; A – Handicap Accessible
For corrections or additions, contact Metaleen at 828-396-1520 or mcmthomas@embarqmail.com

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