

12-Step Groups (mostly Unifour Area)

Alcoholics Anonymous (AA), Al-Anon, Narcotics Anonymous (NA), Adult Children of Alcoholics (ACOA), CoDependents Anonymous (CoDA), AlaFam (people from several 12 Step programs meeting together), Overeaters Anonymous (OA), Alateen, Dual Recovery Anonymous (DRA), Sex Anonymous (SA), and Sex-Anon (S-Anon)

For information on 12-Step Programs all the following numbers or check the website

ALEXANDER COUNTY (Alcohol and Drug Information) 828/632-7005 or 877.661.7750
 BURKE COUNTY (Council on Alcoholism and Chemical Dependency) 828/433-1221 or 433-4440
 CALDWELL COUNTY (Caldwell House) 828/754-5148 or 888/671-1262
 CATAWBA COUNTY 888/671-1262 (toll free)

www.hickoryarea-recovery.org

Type of group	day	time	name	meeting place and/or phone number	address and other information	town	code*
AA	Monday	7:30AM	Carpe Diem	Queen St Club	923 E Union St., Hwy 70	Morganton	OD/NS
AA	Monday	10 am	Keep It Simple	Women's Resource Center	125 3 rd St NE	Hickory	CD/NS
AA	Monday	12 noon		Mt. Michael's Lutheran Church Hut	17 N. Garden St. (828-652-8428)	Marion	?
AA	Monday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD/SM
AA	Monday	12 noon	Lenoir Lunch Bunch	Caldwell House	951 Kenham Pl. SW	Lenoir	BBS/NS
AA	Monday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE, Hwy 127	Hickory	CD/NS
AA	Monday	5:30PM	?	Viewmont Baptist Church	Hwy 127	Hickory	CD/NS
AA	Monday	7:00PM	Grupo un Nuevo Dia Solo Para Mujeres	Inglesia Presbiteriana Emmanuel	613 3 rd Ave. NE	Hickory	?
AA	Monday	8:00 pm	Time to Share	Exodus House Church 828-324-4870	1763 Highland Ave.	Hickory	OD/NS
AA	Monday	8:00 pm	Twin City Group	Abernathy United Methodist Church	West 13 th St.	Newton	CD/NS
AA	Monday	8:00 pm	Chesterfield 1 st Step Group	Flynn Christian Fellowship Home 828-437-9491	721 W. Union St.	Morganton	CD/NS
AA	Monday	8:00 pm	Forever Newcomers Group	Church of the Master	2230 29th Ave Dr. NE	Hickory	CD, NS
AA	Monday	8:00 pm	Maiden Group	East Maiden Baptist Church	1400 E. Maiden Rd.	Maiden	CD/NS
AA	Monday	8:00 pm	Mountain View Group	Mtn. Grove Baptist Church	Route 8	Hickory	CD/NS
AA	Monday	8:00 pm	St. Mary's Group	St. Mary's Episcopal Church	104 St. Mary's Church Rd.	Morganton	CD/NS
AA	Monday	8:00 pm	New Beginnings Group	Lower Creek Baptist Church	(Youth Bldg. in back), Lower Creek Dr.	Lenoir	OD/NS
AA	Monday	8:00 pm		First Baptist Church	Main St. (families welcomed)	Taylorsville	OD
AA	Tuesday	7:30AM	Carpe Diem	Queen St Club	923 E Union St., Hwy 70	Morganton	OD/NS
AA	Tuesday	10:00AM	New Home Group	Flynn Home	706 Main Ave. SE	Hickory	CD/NS
AA	Tuesday	12 noon	Brown Bag Bunch	Queen St Club	923 E Union St., Hwy 70	Morganton	OD/SM
AA	Tuesday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE Hwy 127	Hickory	OD/NS
AA	Tuesday	12 noon	Lenoir Lunch Bunch	Caldwell House	951 Kenham Pl. SW	Lenoir	OD/NS

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 BM – Beginner's Meeting; BS or BB – Book Study; SM Smoking Meeting; V – Varies; En – English; A – Handicap Accessible
 For corrections or additions, contact Metaleen at 828-396-1520 or mcmthomas@embarqmail.com

Last revision: February 2009

Type of group	day	time	name	meeting place and/or phone number	address and other information	town	code*
AA	Tuesday	5:30PM	?	Viewmont Baptist Church	Hwy 127	Hickory	CD/NS
AA	Tuesday	6:00 pm	Women's Faith & Gratitude	Episcopal Church of the Ascension	726 1st Ave NW	Hickory	CD/NS
AA	Tuesday	7:00-9:00PM	Grupo Un Nuevo Dia	Iglesia Presbiteriana Emmanuel Contactos: 828.328.7349/828.234.4327	613 3 rd Ave. NE	Hickory	?
AA	Tuesday	8:00 pm	Loose as a Goose/Lenoir Study Group	First Presbyterian Church	1002 Kirkwood St	Lenoir	OD/NS
AA	Tuesday	8:00 pm	Bethlehem Cookies on the Table (District 11)	Mt. Pisgah Lutheran Church	Rt. 13, HWY 127	Bethlehem	OD/NS
AA	Tuesday	8:00 pm	12 Step Study Group	Calvary Baptist Church	201 South Main Ave.	Newton	CD
AA	Tuesday	8:00 pm	West Union Group	Flynn Home	721 West Union St.	Morganton	ALT/OS/OD
AA	Tuesday	8:00PM	1,2,3 Step Study	Episcopal Church of the Ascension	726 1 st Ave NW	Hickory	CD/NS
AA	Tuesday	8:00 pm	Hickory Tuesday Night	Episcopal Church of the Ascension	726 1st Ave NW (Step Study)	Hickory	O/NS
AA	Tuesday	8:00 pm	Tuesday Night Study	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	CSS
AA	Tuesday	8:00 pm	Beginner's (Steps 1, 2, 3)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
AA	Wednesday	10:00 am	Keep It Simple Group	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	C/BS/NS
AA	Wednesday	10:00 am	Fellowship Group	Flynn Home	721 West Union St.	Morganton	CD/NS
AA	Wednesday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/BS/NS 12&12
AA	Wednesday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE	Hickory	OD/NS
AA	Wednesday	12 noon	Lenoir Lunch Bunch	Caldwell House	951 Kenham Pl. SW	Lenoir	12&12/NS
AA	Wednesday	8:00 pm	Women's Group	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	CD/NS
AA	Wednesday	8:00 pm	Basic Study Group	St. Luke's United Methodist Church	52 16th Ave NW	Hickory	C//BBS/NS
AA	Wednesday	8:00 pm	As Bill Sees It	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/BS/NS
AA	Wednesday	8:00 pm	New Home Group	Flynn Home	706 Main Ave SE	Hickory	OS/NS
AA	Wednesday	8:00PM	Our Common Welfare	Flynn Home	721 W Union St	Morganton	?
AA	Wednesday	8:00 pm	Sherrill's Ford Group	Sherrill's Ford Presbyterian Church	Across from library	Sherrill's Ford	CD
AA	Wednesday	8:00 pm	Collettesville Mountaineer	Collettesville Ruritan Club	Hwy 90 (across from Fire Station & PO)	Collettesville	OD/NS
AA	Wednesday	8:30 pm	Valdese Discussion Group	First United Methodist Church	217 St. German Ave SE	Valdese	OD/NS
AA	Wednesday	8:00 pm		St. John's Parish House	Main St.	Marion	
AA	Thursday	7:30AM	Carpe Diem	Queen St Club	923 E union St., Hwy 70	Morganton	OD/NS
AA	Thursday	10:00 am	Keep It Simple	Women's Resource Center	125 3 rd St NE	Hickory	?
AA	Thursday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/BS/SM
AA	Thursday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE	Hickory	OD/NS
AA	Thursday	12 noon	Lenoir Lunch Bunch	Caldwell House	951 Kenham Pl. SW	Lenoir	OD/NS
AA	Thursday	5:30PM	?	Viewmont Baptist church	Hwy 127	Hickory	CD/NS
AA	Thursday	6:00PM	Sober After Work		303 South King St	Morganton	?

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AA	Thursday	6:45PM	Serenity Sisters	Caldwell House	951 Kenham Pl. SW	Lenoir	OSS/OD
AA	Thursday	7:00-9:00PM	Grupo Un Nuevo Dia	Iglesia Presbiteriana Emmanuel Gitlin Contactos: 828.328.7349/828.234.4327	613 3 rd Ave. NE	Hickory	?
AA	Thursday	8:00PM	Caldwell Discussion Group	Caldwell House	951 Kenham Pl. SW	Lenoir	OD/BBS (OS last Thurs.)
AA	Thursday	8:00 pm	Drexel Group	Christ United Methodist Church	Hwy 70	Drexel	CD, NS
AA	Thursday	8:00 pm	Morganton Central	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OS
AA	Thursday	8:00 pm	Newton Meeting	Calvary Baptist Church	201 South Main Ave	Newton	OS, NS
AA	Thursday	8:00 pm	New Hope Group	First United Methodist Church	311 3rd Ave NE	Hickory	OD, NS
AA	Friday	11:59AM	A Mighty Beginning	Women's Resource Center	125 3 rd St. NE	Hickory	CD/NS
AA	Friday	12 noon	Brown Bag Bunch Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD/NS
AA	Friday	12 noon	High Noon Group	St. Aloysius Catholic Church	921 2 nd St. NE	Hickory	OD/NS
AA	Friday	12 noon	Lenoir Lunch Bunch Tape Study	Caldwell House	951 Kenham Pl. SW	Lenoir	NS
AA	Friday	5:30PM	?	Viewmont Baptist Church	Hwy 127	Hickory	CD?NS
AA	Friday	6:30 pm	Miracles in Progress	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O/Chair's Choice
AA	Friday	8:00 pm	Bethlehem Cookies on the Table – District 11	Mt. Pisgah Lutheran Church	Rt. 13, HWY 127	Bethlehem	OD/NS
AA	Friday	8:00 pm	Catawba Central Group	Alan Frye Club.	3457 Highland Ave NE (behind the Children's Academy)	Hickory	OS, NS
AA	Friday	8:00 pm	Flynn Home	Flynn Home	721 West Union St.	Morganton	OD, SS
AA	Friday	8:00 pm	Granite Falls Group	Philadelphia Lutheran Church	Providence Road	Granite Falls	CD/NS
AA	Friday	8:00 pm	Rainbow Recovery Group Gay/Lesbian Friendly	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	OD, NS
AA	Friday	8:00 pm	Startown Primary Purpose	St. Paul's Lutheran Church	Startown HWY	Newton	OD, BS/NS
AA	Friday	8:00PM	West Union Group	Flynn Home	721 W. Union St.	Morganton	OD
AA	Friday	8:00 pm	(existence not certain)	ARP Church	Next to Dairy Bar	Stony Point	O
AA	Friday	12 noon		Mt. Michael's Lutheran Church Hut		Marion	
AA	Friday	8:00 pm		St. John's Parish House	Main St.	Marion	
AA	Saturday	10:00 am	Big Book Study	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	O, BS/SM
AA	Saturday	10:00 am	Keep It Simple	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	OD/NS
AA	Saturday	4 – 6 pm	Un Nuevo Dia Group	Recovery Club (moving?) - Spanish	Old St. Paul's Church Rd.	Newton	OD
AA	Saturday	8:00 pm	Living Sober Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	BBS
AA	Saturday	8:00 pm	First Saturday Night	First Presbyterian Church	100 Silver Creek Rd. (some speakers)	Morganton	OS 2&4 weeks
AA	Saturday	8:00 pm	Hickory Sat. Night Group	First United Methodist Church	311 3rd Ave NE	Hickory	OS, NS
AA	Saturday	8:00 pm	Loose as a Goose/ Lenoir Study Group	First Presbyterian Church	1002 Kirkwood St	Lenoir	OD/NS
AA	Saturday	8:00 pm	Chesterfield 1 st Step	Foothills Detox	2130 Hwy 18	Morganton	OD

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AA	Saturday	8:00 pm	Group Flama Reuniones	Iglesia Catolica St. Aloysius (828-327-4517)	921 2 nd St. NE	Hickory	
AA	Saturday	8:00 pm	(existence not certain)	Old Fort Kiwanis Club	Across from Old Fort Police Dept.	Old Fort	
AA	Sunday	10:00 am	Sun. Morning Serenity	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	?
AA	Sunday	10:00AM	Sunday Morning Meeting	Flynn Home	721 W. Union St.	Morganton	OD
AA	Sunday	5:00PM	Primary Purpose	Ada Geitner Home	Ada Geitner Home		OD
AA	Sunday	7:00-9:00PM	Grupo Un Nuevo Dia	Inglesia Presbiteriana Emmanuel	613 3 rd Ave NE Contactos:828.328.7349/828.234.4327	Hickory	
AA	Sunday	8:00 pm	Hildebran Group	First United Methodist Church	110 South Center St.	Hildebran	OD/NS
AA	Sunday	8:00 pm	Come Alive Sunday Night	St. James Episcopal Church	806 College Ave SW	Lenoir	OD/NS
AA	Sunday	8:00 pm	Corinth United Group	Corinth Reformed UCC	150 16 th Ave.	Hickory	CD/NS
AA	Sunday	8:00 pm	Into Action Group	Grace Episcopal Church	303 South King	Morganton	OD/NS
AA	Sunday	8:00 pm	Living Sober Group	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD/NS
AA	Sunday	8:00 pm		St. John's Parish House	Main St.	Marion	
Al-Anon	Sunday	8:00 pm	Footsteps AFG	Lutheran Chapel Church	702 N. New Hope Rd.	Gastonia	OD
Al-Anon	Monday	12 noon	Happy Hour AFG	St. Luke's Episcopal Church		Boone	OD
Al-Anon	Monday	8:00 pm	Blowing Rock AFG	St. Mary's Episcopal Church		Blowing Rock	OD
Al-Anon	Monday	8:00 pm	Mountain View AFG	Mt. Grove Baptist Church	6158 Mt. Grove Road (Mt. View)	Hickory	OD
Al-Anon	Monday	12:15 pm	Lunch Bunch AFG	Calvary Baptist Church	201 South Main St.	Newton	OD
Al-Anon	Monday	8:00 pm	West Hickory AFG	Westview United Methodist Church	1309 1st Ave SW	Hickory	OD
Al-Anon	Monday	8:00 pm	Old Town AFG	United Way Building	N Wilkesboro	N Wilkesboro	OD
Al-Anon	Monday	8:00 pm	New Hope AFG	Myers Memorial United Methodist	301 S. New Hope Rd.	Gastonia	OD
Al-Anon	Tuesday	7:00 pm	Tuesday Night AFG	Northminister Presbyterian Church 828-302-2878 or 828-495-2844	3730 North Center St.	Hickory	OD
Al-Anon	Tuesday	7:30 pm	Courage To Change	Philadelphia Lutheran Church	Pinewood Ave. at North Highland Ave	Granite Falls	OD
Al-Anon	Wednesday	12:00 pm	Al-Anon at NOON	First Presbyterian Church		Morganton	OD
Al-Anon	Wednesday	7:30 pm	Cove Creek AFG	Western Watauga Community Center	(existence not certain)	Sugar Grove	OD
Al-Anon	Wednesday	8:00 pm	Wednesday Night AFG	Calvary Baptist Church	201 South Main St.	Newton	OD
Al-Anon	Thursday	7:30 pm	Ashe AFG	First Baptist Church	(existence not certain)	W. Jefferson	OD
Al-Anon	Thursday	7:00 pm	Newland AFG	First Baptist Church	On the square	Newland	OD
Al-Anon	Thursday	5:30 pm	Happy Hour Group	St. Luke's Episcopal Church		Boone	OD
Al-Anon	Thursday	7:00 pm	Newland AFG	First Baptist Church on the square		Newland	OD
Al-Anon	Friday	8:00 pm	Granite Falls AFG	Philadelphia Lutheran Church	Pinewood Ave. at North Highland Ave	Granite Falls	OD
Al-Anon	Friday	8:00 pm		Hickory Recovery Club -	2165 Amity Street	Newton	OD
Al-Anon	Saturday	8:00 pm	New Focus AFG	First Presbyterian Church	100 Silver Creek Road	Morganton	OD
Al-Anon	Saturday	7:00 pm		Old Library Bldg.	1 Spring Street	Old Fort	
Al-Anon	Sunday	8:00 pm	Ashe AFG	Old Ashe Memorial Hospital	McConnell Street	Jefferson	OD
ACA	Thursday	7:00 pm	Adult Children Of Alcoholics (any dysfunctional families)	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	OD
ACA	Sunday	7:00 pm	Sunday Night ACOA	Women's Resource Center	125 3 rd St. NE (828-396-1520)	Hickory	OD
Alateen	Tuesday	8:00 pm	Star of Hope	Holy Communion Lutheran Church	Gaston & Church Ave.	Dallas	OD

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Alateen	Monday	8:00 pm		Mt. Grove Baptist Church	6158 Mt. Grove Road (Mt. View)	Hickory	OD
AlaFam	Tuesday	10:00 am	Seedlings	Women's Resource Center	125 3 rd St. NE (in Catawba Park)	Hickory	
AlaFam	Wednesday	7:30 pm	12 Steps for Christians	First United Methodist Church	311 3rd Ave NE	Hickory	
AlaFam	Friday	12 noon	Twelve-Step Meeting	Caldwell Community College (Cheryl Miller at 828-726-2342)	2855 Hickory Blvd. (Room E-301)	Lenoir	OD
AlaFam	Sunday	9:00 am	Breakfast Group	Woman's Resource Center	503 4th St. SW	Hickory	OD
AlaFam	Sunday	9:00 am		Caldwell House	951 Kenham Place	Lenoir	OD
NA	Monday	12 NOON	Just For Today Group	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Monday	6:30PM	New Beginnings Group	St Paul's Lutheran Church	629 2 nd Ave SW	Hickory	A/SP/ BS
NA	Monday	6:30PM	Slow Miracles Group	Shiloh Lutheran Church	1011 Shiloh Church Rd	Hickory	C/A/BS
NA	Monday	8:00PM	No Matter What Group	Holy Trinity Lutheran Church	6 th St & 6 th Ave	Hickory	BS
NA	Monday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave. N.	Wilkesboro	CD/V/A
NA	Monday	8:00 pm	One Step at a Time	Queen St. Club (1-800-827-9106)	923 E. Union St.	Morganton	A/OD
NA	Tuesday	12 noon	Just for Today	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Tuesday	12 NOON	I Can't We Can Group	Serenity Club House	206 Forrester Ave N.	Wilkesboro	CD
NA	Tuesday	6:00PM	Back to the Basics Group	Queen St Club	923 E Union St	Morganton	SS
NA	Tuesday	6:30PM	Slow Miracles Group	Shiloh Lutheran Church	1011 Shiloh Church Rd	Hickory	C/A/BS
NA	Tuesday	6:30PM	New Beginnings Groups	St. Paul's Lutheran Church	629 2 nd Ave SW	Hickory	A/SP/BS
NA	Tuesday	8:00PM	No Matter What Group	Holy Trinity Lutheran Church	6 th St & 6 th Ave	Hickory	BS
NA	Tuesday	8:00PM	Acceptance Group	St. Matthews Lutheran Church	241 W Court St	Marion	A/OD
NA	Tuesday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St	Newland	OD
NA	Tuesday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD/V/A
NA	Tuesday	8:00PM	Serenity Seekers Group	St. Stephen's Lutheran Church 828-758-1261	1406 Harper Ave NW	Lenoir	OD/V
NA	Wednesday	12 noon	Just for Today	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Wednesday	6:00PM	Spiritual Awakenings Group	Firs United Methodist Church	9 Lakeside Ave	Granite Falls	A/V
NA	Wednesday	8:00PM	Clean & Serence Group	St. Luke's Lutheran Church	Springs Rd (Past hardware store on right)	Hickory	A/SP/ BS
NA	Wednesday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N.	Wilkesboro	CD
NA	Wednesday	8:00PM	Primary Purpose	St. Charles Catholic Church	728 W. Union St	Morganton	OD
NA	Wednesday	8:00PM	It Ain't Over till It's Over Group	Jefferson Methodist Church	155 E main St	Jefferson	BS
NA	Wednesday	8:00PM	Miracles Group	Boone United Methodist Church	New Market Blvd	Boone	C/A/BS
NA	Wednesday	8:00 pm	Slow Miracles	Taylorville Presbyterian Church (1-800-827-9106)	314 Main Ave Dr. (next to Adams Funeral Home)	Taylorville	OD
NA	Thursday	12 noon	Just for Today	St. Luke's United Methodist Church	2 16 th Ave NE	Hickory	A/SP/ BS
NA	Thursday	6:30PM	Carry the Message Group	Mount Olive Lutheran Church	Hwy 127	Hickory	A/V
NA	Thursday	8:00 pm	Day By Day	N. Morganton United Methodist Church (1-800-827-9106)	900 Sanford Dr. (Hwy. 18 and Kirksey)	Morganton	A/OD
NA	Thursday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St	Newland	OD
NA	Thursday	8:00PM	I Can't We Can Group	Serentity Club House	206 Forrester Ave N	Wilkesboro	CD
NA	Thursday	8:00 pm	No Matter What Group	Holy Trinity Lutheran Church	6 th St. at 6 th Ave. NW (323-3752)	Hickory	BS

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NA	Friday	12 noon	Just for Today	St. Luke's United Methodist Church	52 16 th Ave NE	Hickory	A/BS
NA	Friday	6:30PM	New Beginnings Group	Penelope Baptist Church	3607 Main Ave Dr. NW (Longview)	Hickory	A/S/ BS
NA	Friday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD/A/V
NA	Friday	8:00PM	Serenity Seekers Group	St. Stephen's Lutheran Church 828-758-1261	1406 Harper Ave NW	Lenoir	OD/V
NA	Friday	8:00 pm	Keep Hope Alive	Morning Star Baptist Church	126 4th Ave SW (323-3752)	Hickory	OD/BS
NA	Saturday	1:00PM	Spiritual Awakenings Group	First United Methodist Church	9 Lakeside Ave	Granite Falls	A/V
NA	Saturday	7:00PM	Carry the Message Group	Abernathy Memorial United Methodist	Hwy 16 – 109 W 13h St	Newton	V
NA	Saturday	7:30PM	It Ain't Over till It's Over Group	Jefferson Methodist Church	115 E Main St	Jefferson	A/BS
NA	Saturday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St	Newland	OD
NA	Saturday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forrester Ave N	Wilkesboro	CD/BS
NA	Sunday	10:00AM	I Can't We Can Group	Serenity Club House	206 Forester Ave. N.	Wilkesboro	CD
NA	Sunday	1:00 pm	Spiritual Awakenings	First United Methodist Church	Lakeside Ave.	Granite Falls	OD
NA	Sunday	8:00PM	I Can't We Can Group	Serenity Club House	206 Forester Ave. N.	Wilkesboro	CD/V/A
NA	Sunday	8:00 pm	Clean & Serene	St. Aloysius Catholic Church	902 2nd St. NE.	Hickory	D
NA	Sunday	8:00PM	Fresh Start Group	Avery Cares Center	636 Cranberry St.	Newland	OD
Nar-Anon	Saturday (?)	6:30 pm	Family Support Group	St. Paul's Lutheran Church (location?) (828-455-3839)	629 2 nd Ave. SW	Hickory	OD
Nar-Anon	Thursday	6:30 pm	Family Support Group	Mt. Olive Lutheran Church (828-455-3839)	2780 N. Center St.	Hickory	OD
All Addictions	Wednesday	7:00 pm	All Addictions Recovery Group	Amazing Grace Lutheran Church	4681 Grace Chapel Road	Granite Falls	OD
All Addictions	Thursday	6:30 pm	Serenity Sisters (for women from any 12-step program))	First Presbyterian Church	1002 Kirkwood St	Lenoir	OD
All Addictions	Thursday	7:00 pm	Christian-Based Recovery Group	828-291-2822	600 Highland Ave.	Hickory	OD
OA	TBA			New meeting planned	828-328-8693 (call for info)		
OA	Tuesday	5:30 pm		N. Morganton United Methodist Ch.	990 Sanford Dr. (Hwy. 18 and Kirksey)	Morganton	OD
CoDA	Monday	7:00 pm	Wilkes CoDA	New River Substance Abuse Center	School St. (off Hwy.268)	Wilkesboro	OD
CoDA	Monday	6:30 pm	Empowerment CoDA	West Hickory Baptist Church (704-421-4463)	40 12th St. NW	Hickory	OD
CoDA	Thursday	6:00 pm	Hickory Area CoDA (828-396-1520)	St. Luke's United Methodist Church Family Life Center #108	52 16 th Ave. NW	Hickory	OD/A
CoDA	Thursday	7:00 pm		First Baptist Church (704-660-7612)	150 S. Church Street	Mooresville	OD
CoDA	Thursday	7.15 pm		Armstrong Mem. Presbyterian Church	(704-559-8045)	Gastonia	
CoDA	Saturday	10:00 am	Free To Be Me	St, Luke's Church (Jane: 828-253-0882)	219 Chunn's Cove Rd.	Asheville	Women only
DRA	Monday	8:00 pm	Dual Recovery Anonymous (SA & MH issues)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD

*Meeting Key: OD - Open discussion (anyone may attend); NS – nonsmoking; CD - Closed discussion (abusers, addicts only); TS - Basic text study; S or OS - Open speaker; BM – Beginner's Meeting; BS or BB – Book Study; SM Smoking Meeting; V – Varies; En – English; A – Handicap Accessible
For corrections or additions, contact Metaleen at 828-396-1520 or mcmtomas@embarqmail.com

Last revision: February 2009

Type of group	day	time	name	meeting place and/or phone number	address and other information	town	Code*
DRA	Friday	8:00 pm	Dual Recovery Anonymous (SA & MH issues)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
DRA	Saturday	11:30 am	Dual Recovery Anonymous (SA & MH issues)	Queen St. Clubhouse	923 East Union St. HWY 70	Morganton	OD
SA			Sex Anonymous	See Dual; Recovery Anonymous above	http://www.sa.org		
S-Anon			Sex-Anon (for family & friends of sexaholics)	meetings in Greensboro, Asheville, and Charlotte or www.sanon.org	615-833-3152 – national 704-559-6408 – Charlotte 336-774-3750 (Michelle) Winston-Salem		

*Meeting Key: OD - Open discussion (anyone may attend); NS – nonsmoking; CD - Closed discussion (abusers, addicts only); TS - Basic text study; S or OS - Open speaker; BM – Beginner’s Meeting; BS or BB – Book Study; SM Smoking Meeting; V – Varies; En – English; A – Handicap Accessible
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